

**INTERNATIONAL LIGHTNING CLASS ASSOCIATION
2010 CT – RI DISTRICT CHAMPIONSHIP**



**MADISON BEACH CLUB
July 10th & 11th, 2010**



SAILING INSTRUCTIONS

1. ORGANIZING AUTHORITY

This regatta is organized by Fleet 129 of the International Lightning Class Association, in conjunction with Madison Beach Club, and has been sanctioned in accordance with the bylaws of the ILCA.

2. RULES

The regatta will be governed by the following rules, except as modified by the sailing instructions and notices:

- a. The 'rules' as defined in the Racing Rules of Sailing.
- b. The Rules Governing All Lightning Class District Championships.

3. ELIGIBILITY AND ENTRY

- 3.1 Eligibility for entry shall be in accordance with Articles V and VI of the Class Rules.
- 3.2 Eligible boats may enter by completing registration at Madison Beach Club on Saturday before 1000.
- 3.3 Boats from outside the CT – RI District may compete if they meet all the other eligibility requirements, but will not be eligible for the District Championship trophy or for qualification for the North American Championship.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at the bar porch next to the office entrance.

5. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on Saturday or 0900 on Sunday, except any change to the schedule of races will be posted by 1900 on the day before it will take effect.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the boat dock flag pole.
- 6.2 When flag AP is displayed ashore, removing it with one sound signal means either "an abandonment will follow immediately" or "the warning signal will be made in the race area 45 minutes after removal unless at that time the race is postponed again or abandoned."

7. SCHEDULE OF RACES

- | | | | |
|------|----------|------------|--|
| 7.1. | Saturday | 0800 -1000 | Registration |
| | Saturday | 1000 | Skippers meeting |
| | Saturday | 1115 | Warning – Race 1 |
| | | | Races Will Be Sailed Back To Back |
| | Sunday | 1000 | Warning, first race of the day |
| | Sunday | | No race will start after 1430. (See instruction 19 below). |
- 7.2. The number of races conducted will be at the discretion of the race committee. This changes Class Rule Article VIII (1).

8. CLASS FLAG

The class flag will be a white flag with the Lightning Class insignia.

9. RACING AREA

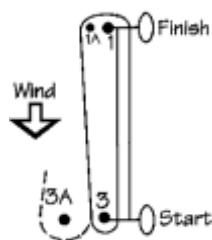
- 9.1 The racing area will be in Long Island Sound south of Madison, CT.

9.2 High tide in the race area will occur at 1156 on Saturday and 1235 on Sunday.

10. THE COURSES

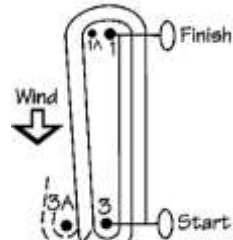
10.1 The diagrams with the identifying letters below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Course "W"
Windward-Leeward
Once Around



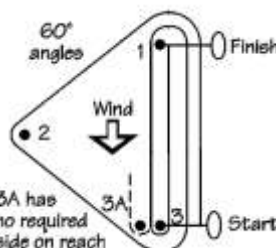
Start, 1, 1A,
3 or 3A, Finish

Course "W2"
Windward-Leeward
Twice Around



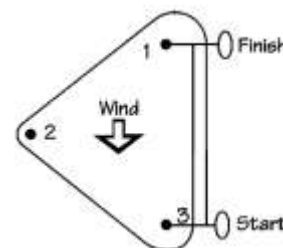
Start, 1, 1A, 3 or 3A,
1, 1A, 3 or 3A, Finish

Course "O"
Modified Olympic



Start, 1, 2, 3,
1, 3 or 3A, Finish

Course "T"
Triangle



Start, 1, 2, 3, Finish

10.2 The identifying letter of the course to be sailed and the approximate compass bearing and distance from Mark 3 to Mark 1 will be displayed on placards from the race committee signal boat before or with the warning signal for each race.

10.3 On courses "W" and "W2" an offset mark and/or a leeward gate may be used at the discretion of the race committee. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

11. MARKS

11.1 Marks 1, 2, 3 and 3A (if a gate is used) will be orange or yellow inflatable shapes.

11.2 The offset mark, if used, will be an orange hippity hop.

12. CHECK IN

Prior to the warning signal of the first race of each day in which it intends to compete, each boat shall sail by the race committee signal boat and check in as a starter.

13. THE START

13.1 Races will be started using rule 26 with the warning signal given five minutes before the starting signal.

13.2 The race committee will make a series of short sound signals to alert competitors to the upcoming warning signal for each race.

13.3 The starting line will be between a staff from which a yellow flag is displayed on the race committee signal boat and the course side of the port end starting mark.

13.4 A boat not starting within 5 minutes after her starting signal will be scored DNS. This changes rule A4.1.

14. RECALLS

14.1 When an individual recall is signaled, the race committee will attempt to hail the sail number(s) of the boat(s) that are OCS, but neither the failure of a boat to hear such a hail nor the timing or order of hails will be grounds for redress.

14.2 When a starting penalty of rule 30 is in use, the race committee may hail sail numbers during the minute before the start.

15. CHANGE OF THE POSITION OF THE NEXT MARK

To change the position of the next mark, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course configuration.

16. THE FINISH

- 16.1 The finishing line will be between a staff from which a yellow flag is displayed on a race committee boat and the nearby finishing mark.
- 16.2 When the course is shortened at a gate, a race committee boat near the gate will display flag S. Boats shall finish by sailing through the gate from the direction of the previous mark. The finishing line will be between the gate marks. This changes race signal S.
- 16.3 Flag H displayed at the finished means: "No more racing today – return to shore."

17. PENALTY SYSTEM

Rule 44.2 is changed to provide that when a boat taking a penalty has its spinnaker drawing at the time of the incident, drops it completely below the gooseneck while taking her penalty and resets it and has it drawing after the penalty, the penalty is one turn of 360 degrees instead of two.

18. PROPULSION

Rule 42.3(c) is changed to provide that on a free leg of the course, when surfing (rapid accelerating down the leeward side of a wave) or planing is possible, the boat's crew may, in order to initiate surfing or planing, pump the sheet, but not the guy controlling any sail, but only once for each wave or gust of wind. When the mainsail is pumped, only that part of the sheet between the crew member handling the sheet and the first block on the boom shall be used.

19. TIME LIMITS

- 19.1 **RACE** - Time limit shall be two and one-half (2-1/2) hours. If no boat completes four legs (or three legs in the case of windward-leeward course) within one hour and forty-five minutes (1:45), the race shall be abandoned and, if possible, resailed.
- 19.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF. This changes rules 35 and A 4.1.
- 19.3 **REGATTA** - All regularly scheduled, abandoned, or postponed races not started by 1430 on Sunday shall be abandoned, the regatta terminated and scored on the basis of the race or races sailed. A race will be deemed to have started by the deadline if the original start is within the deadline, regardless of subsequent recalls.

20. PROTESTS AND REQUESTS FOR REDRESS

- 20.1 Protest forms are available at the race office. Protest will be delivered there within the protest time limit.
- 20.2 The protest and redress time limit is 60 minutes after the race committee signal boat docks and 2 horn blast are sounded. The same protest time limit applies to all protests by the race committee and requests for redress. This changes rules 61.3 and 62.2.
- 20.3 Notices will be posted within thirty minutes after the protest time limit to inform competitors of hearings in which they are parties or named as a witness. Hearings will be held in the approximate order of receipt beginning as soon as practical at the location described in the notice.
- 20.4 Notices of protests by the race committee or jury will be posted to inform boats under rules 61.1(b).
- 20.5 For the purpose of rule 64.3(b) the 'authority responsible' is the measurer appointed by the organizing authority.
- 20.6 On the last day of the regatta to request for reopening a hearing shall be delivered:
- Within the protest time limits if the party requesting reopening was informed of the decision on the previous day;
 - No later than 30 minutes after the party requesting reopening was informed to the decision on that day. This change is rule 66.
- 20.7 Decisions of the jury will be final as provided in rule 70.4.

21. SCORING

- 21.1 Abbreviations for scoring shall be in accordance with rule A11.
- 21.2 Each boat finishing in a race and not thereafter retiring or being disqualified will be scored points equal to her finishing place, as follows: first boat scores 1 point, second boat scores 2 points, and so on. "DNC", "DNS", "DNF", and "RAF" score points equal to one more, and "OCS", "DNE", "BFD", and "DSQ" score points equal to two more than the number of boats eligible to start in any race of the series. "RDG" scores points equal to the finishing position awarded her after a hearing for request for redress.

21.3 Each boat's total score will be the sum of her scores for all races. The boat with the lowest total scores wins.

22. TIES

22.1 Boats which tie in a single race shall score points equal to the best position involved. The position(s) immediately after shall remain vacant (if two boats tie for first place, both are scored 1 point, and the next boat to finish scores 3 points). This changes rule A7.

22.2 When there is a tie on total points between two or more boats at the end of a series, the tie will be broken in favor of the boat or boats with the most first places, and, when a tie remains, the most second places, and so on. When a tie still remains, it shall be broken in favor of the boat which beats the other(s) in the last untied race of the series. This changes rule A8.2.

23. SAFETY REGULATIONS

23.1 Each boat shall carry safety equipment conforming to class rules.

23.2 A boat that retires from a race or leaves the racing area early shall notify the race committee as soon as possible.

24. REPLACEMENT OF CREW OR EQUIPMENT

24.1 Substitution of skippers is not permitted.

24.2 Substitution of crew will be permitted in accordance with Article VII Paragraph 2 of the Class Rules

24.3 Substitution of damaged sails damaged during the championship will be permitted in accordance with Article VII Paragraph 3 of the Class Rules

24.2 Substitution of damaged or lost equipment, except safety equipment, will not be permitted without the prior approval of the race committee.

25. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, the boat can be instructed by race committee measurer to proceed immediately to a designated area for inspection.

26. SUPPORT BOATS

Team leaders, coaches, and other support personnel shall stay outside the racing area (defined as 100 meters outside the lay lines of the course including the start area) from the start of the first race to the finish of the last race of the regatta unless otherwise designated in the Sailing Instructions. Individual competitors may not use support boats at any time during the regatta unless such support is available to all competitors or is authorized by the organizing authority. The penalty for failure to comply with any of these requirements may be disqualification of all boats associated with the infringing support personnel.

27. RADIO COMMUNICATIONS

No radio communications are allowed. This restriction also applies to mobile phones and other forms of electronic communication.

28. PRIZES

28.1 The District Championship will be awarded to the top finishing boat from the CT – RI District.

28.2 Regatta trophies will be awarded to the top three boats in the regatta.

29. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, decision to race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.